



Tired?

Looking for break?

Contact
a

Haliburton
Kawartha
Pine Ridge
Developmental
Service Network

Respite Service



and
find the help you need

Northumberland Family Respite Services

72 Walton Street, Port Hope, ON

L1A 1N3

905 885-6671

nfrs@eagle.ca

Contact Name: Jacquie Verbruggen &
Deirdre Finnan - Children
Don Schonhoffer – Adult

Eligibility: Children with a handicapping condition and adults with an intellectual disability.

Type: Individualized flexible respite supports including: In-home, Out of Home, 1 to 1, host family, community support, summer respite and camps

Cost: Varies with type of support

“respiteservices.com”

is a provincial website established to provide families with the opportunity to easily access:

- respite options
- connections with workers
- training events
- resources and funding information

Host agency for HKPR is Northumberland Family Respite Services

**Assistance accessing “respiteservices.com” is also available through your local Respite Service or Service Provider..*

Community Living Campbellford/Brighton

65 Bridge Street, Est—POB 1360

Campbellford, ON K0L 1L0

705 653-1821 ext 203

www.communitylivingcampbellford.com

Contact Name: Shelley Althouse

Eligibility: Children and adults with an intellectual disability

Type: Staffed Respite House serving four Counties:

Cost: \$36.00 per 24 hours

Community Living West Northumberland

275 Cottesmore Ave,

Cobourg, ON, K9A 4E3

905-372-4455 ext 223 or 239

communitylivingwn@yahoo.ca

Eligibility: Children & adults with an intellectual disability.

Type: Community Activities- social events & activities offered throughout the year. Please ask about our upcoming activities & events.

Cost: Minimal fees.

Multi Sensory Room- any individual can access this stimulating room at no cost.

Subsidies: SSAH & ACSD.

Definitions

Respite - provides parents temporary relief from the responsibility of caring for a person with a disability allowing them time to renew themselves and an opportunity for the person with restricted ability to have new experiences in the broader community.

Intellectual/Developmental Disability – a person with an intellectual/developmental disability has significant limitations in cognitive and adaptive functioning that originated before they reached 18 years of age and are life-long in nature. The significant limitations are present in major life activities, such as personal care, language skills, learning abilities and the capacity to live independently as an adult.

In-home respite – is provided in the home of the individual receiving support

Out of home respite/host care – is provided in the home of the contact worker/respite provider.

Special Services at Home (SSAH) – is a funding source available to families through the Ministry of Community and Social Services. *(Assistance accessing this service is also available through your local Respite Service or Service Provider.)*

Assistance for Children with Severe Disabilities (ACSD) – is a funding source available to qualifying families through the Ministry of Community and Social Services. *(Assistance accessing this service is also available through your local Respite Service or Service Provider.)*

Point in Time Centre for Children, Youth and Parents

69 Eastern Ave., Box 1306
Haliburton, ON, K0M 1S0
705 457-5345 x 308
mariloum@pointintime.ca
Contact Person: Marilou Mizzan

Eligibility: Children ages 0-18 with ADHD, Autism/PDD, Challenging Behaviours, Developmental Disability, Dual Diagnosis, Physical Disability

Type: A full range of respite services including: in home and out of home; community and host family respite; short-term respite (2-3 hours/week); overnight and weekend respite; summer respite with recreational workers; one-on-one workers at summer camps; Autism/Social Skills Summer program; relief worker registry; respite coordination including funding application assistance.

Costs: Vary depending on program. Some programs are free and overnight respite can cost from \$20-\$100

Community Living Haliburton

713 Mountain St.
Haliburton, ON K0M 1S0
705 457-2626
hcaclsupports@sympatico.ca
Contact Person: Patti Babineau

Eligibility: Adolescent, adults, seniors who have intellectual disability

Type: Facilitate connections between care givers and individuals

Community Living Kawartha Lakes

33 Lindsay St. S.
Lindsay, ON K9V 2L9
705 328-0502 ext230
respites@communitylivingkl.ca
Contact Person: Doris George

Eligibility: Adults and children with an intellectual disability who may also have another challenge.

Type: Family Connections-Caregiver's Registry - a directory of screened contract workers and overnight respite providers : respiteservices.com; Family Supports; Staffed Respite House serving four Counties; Multi Sensory Room ; Teens on the Go (Sept-June - one evening and Saturday weekly; July & August - 4 days per week).

Costs:

Staffed Respite House —\$36.00 per 24 hours;
Teens on the Go—activity costs (Sept.-June); activity cost plus participation fee (July & August)
Family Connections-Caregiver's Registry —no fee for matching service for families; no fee to workers to be part of directory

Tri-County Community Support Services

349A George St. North , Suite 303,
Peterborough, ON K9H 3P9
705 749-6681
Contact Person: Jennifer Girard ext: 234
Pamela Bain ext: 289

Eligibility: Individuals over the age of 18 living with an intellectual/and or developmental disability living at home in the Counties of Haliburton, City of Kawartha Lakes and Peterborough

Type: Tri-County Respite Fund - a funding source only. Families find their own worker.

Four County Community Crisis Intervention Service

705 745-6484 or
1 866 995-9933
Contact: Sandra Scott

Children and Adults

Type: Non-medical crisis support; link people to appropriate services; initiate and arrange follow-up as required; **24/7**

Cost: Free

Community Living Peterborough

223 Aylmer Street
Peterborough, ON K9J 3K3
705-743-2411

Contact:
Penny Wood or Allison Mountney

Eligibility:
Children and youth up to 21 who have an intellectual disability and are actively involved with Community Living Peterborough services are eligible for respite.

Type:
Respite can take various forms. Respite needs are accessed and planned in conjunction with the family. Respite may include: Host Family, in-home, community activity, camp, respite homes through the Four County initiative. Families can be assisted in accessing respiteservices.com.

Cost:
Families are responsible for a minimal contribution toward Host Care. Families will be assisted in accessing funding.